

Abstract

Determining the Appropriate Drug as Adjuvant Therapy for Obesity

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The pillar of clinical management of obesity is lifestyle modification with adjuvant therapy using anti-obesity drugs. Obesity incidence is increasing rapidly, hence there is an increase demand for these drugs. As obesity is very strongly related to cardiovascular diseases, it is imperative to understand the cardiovascular risks and benefits of anti-obesity drugs.

Determining the appropriate drug as adjuvant therapy for obesity includes evaluation of the effectiveness of the drug , appropriate dosage, correct and practical directions, and clinically significant drug-drug and drug-disease interactions. This presentation discusses these issues to achieve a safe and effective use of anti-obesity drugs.